

| Versa Back Extension

 $\label{thm:continuous} The \ smart \ design \ of \ our \ Versa \ Back \ Extension \ makes \ targeting \ the \ lower \ back \ muscles \ comfortable \ and$ efficient. It includes an ergonomically contoured back pad, plus multi-position foot placement to accommodate a variety of users.

- Multi-position foot placement accommodates a variety of users
 Contoured back pad for enhanced user comfort
- · Incremental weight

ADJUSTMENTS	
ADJUSTABLE START POSITION	Adjustable Start Position
COLOR CODED PIVOTS & POINTS OF ADJUSTMENT	Yes

FRAME & CABLES	
MACHINE ANCHORING	Machine anchoring locations
CABLE TRANSMISSION	Internally lubricated cables & fittings
FRAME COLOR	Iced Silver
FRAME FINISH	Proprietary two-coat powder process

TECH SPECS	
PRODUCT WEIGHT (STANDARD STACK)	227 kg / 500 lbs.
REP COUNTER POWER SUPPLY	2 AA batteries
REP COUNTER BATTERY LIFE	Approximately 3 years
REP COUNTER MACHINE USAGE TRACKING	Service mode tracks total machine reps and hours of use
OVERALL DIMENSIONS (L X W X H)	133.5 x 126.4 x 167.1 cm / 52.6" x 49.8" x 65.8"
PRODUCT WEIGHT (HEAVY STACK)	259 kg / 570 lbs.

USER AMENITIES	
REP COUNTER	Electronic counter displays reps, exercise time and rest time & provides towel holder hook
REAR PLACARDS	Color-coded machine identification & machine specific stretching
PERSONAL STORAGE	Bottle holder, storage area and towel holder (Towel Holder on Rep Counter Only)
PLACARD COLOR CODING	Green (core)
FRONT PLACARDS	Muscle call outs, machine specific stretching, start & finish exercise illustrations, proper machine movements

WEIGHT STACK	
WEIGHT PLATE INCREMENTS	Heavy: 15 lbs (6.8 kg) & 10 lbs (4.5 kg), Standard: 10 lbs (4.5 kg)
INCREMENTAL WEIGHT SYSTEM	5 lbs (2.3 kg)
TOTAL STACK WEIGHT	Heavy: 230 lbs (104 kg), Standard: 160 lbs (72 kg)
WEIGHT STACK GUARDING	Full front and rear shields
CONSISTENT STACK HEIGHT	Yes