

## Aura Functional Trainer

G3-MSFT300/400

- 1:4 ratio for low starting resistance and high-speed movements
- Available with 290lb (MSFT300) or 390lb (MSFT400) stacks
- Swivelling accessory station accommodates more training handles and attachments
- Multi-grip position pull-up handles with unique rock climbing attachment
- Integrated foldaway step for easy access
- Includes 10 standard grips and attachments



EASE OF USE	
ERGO FORM CUSHIONS	No
BOTTLE & TOWEL HOLDER	Yes
INSTRUCTIONAL PLACARDS	Yes
COLOR-CODED PIVOTS & ADJUSTS	Yes

FRAME	
FRAME COLOR	Iced Silver
FRAME FINISH	Proprietary two-coat powder process
OVER-SIZED FRAME TUBING	Yes

TECH SPECS	
TOTAL WEIGHT FUNCTIONAL TRAINER G3-MSFT 400	697 kg / 1537 lbs.
EFFECTIVE RESISTANCE G3-MSFT 400	44.2 kg / 97.5 lbs (per side)
TOTAL WEIGHT FUNCTIONAL TRAINER G3-MSFT 300	601 kg / 1324 lbs.
WEIGHT STACK FUNCTIONAL TRAINER G3-MSFT 300	2 x 131 kg / 2 x 290 lbs. (1:4 Ratio)
OVERALL DIMENSIONS (L X W X H)	169.2 x 130.2 x 234.4 cm / 66.6" x 51.2" x 92.3"
WEIGHT STACK FUNCTIONAL TRAINER G3-MSFT 400	2 x 176 kg / 2 x 390 lbs. (1:4 Ratio)
CABLE TRAVEL LENGTH	457 cm / 15'
EFFECTIVE RESISTANCE G3-MSFT 300	32.9 kg / 72.5 lbs (per side)

WEIGHT STACK	
WEIGHT PINS	Magnetic & tethered
GUARDS & PULLEYS COVERS	Yes
SUSPENSION	3-Point Design
PTFE IMPREGNATED WEIGHT STACK BUSHINGS	Solid cold-rolled steel plate, with Teflon inner bushings.