

## Go Series Chest Press

GO-S13

Give those new to strength training a simple way to improve their upper-body strength. Oversized neutral grips let users get started with no adjustments needed while reducing stress on shoulder joints. A space-saving design will fit your training area and circuit program as well as it fits your budget.



- Optional Incremental Weight (GO-IW) available for small 2.3-kg / 5-lb. weight increments.
- Large color-coded placard helps users identify muscles targeted (upper, core, lower body), as well as start/finish positions and adjustments (if applicable).
- Compact footprint, combined with a stack-to-stack design, allows for more products in a smaller space.
- Neutral hand positions put less stress on the shoulder joint and increase user comfort.
- Low stack height allows users and staff to easily see through a facility.
- Long oversized grips allow for comfortable pressing without requiring an adjustment.

### ADJUSTMENTS

<b>COLOR-CODED PIVOTS &amp; POINTS OF ADJUSTMENT</b>	Yes
<b>USER ADJUSTMENT RANGE</b>	N/A

### FRAME & CABLES

<b>FRAME FINISH</b>	Proprietary two-coat powder process
<b>AVAILABLE FRAME COLOR</b>	Iced Silver, Matte Black, Graphite Grey, Gloss Black, Polarized Titanium, Lace White
<b>CABLE TRANSMISSION</b>	Internally lubricated cables and fittings
<b>MACHINE ANCHORING LOCATIONS</b>	Yes

### TECH SPECS

<b>MAX "IN-USE" DIMENSIONS (L X W X H)</b>	158 x 118 x 137 cm / 62.2" x 46.6" x 54"
<b>PRODUCT WEIGHT</b>	166 kg / 366 lbs.
<b>MAX USER WEIGHT</b>	159 kg / 350 lbs.
<b>OVERALL DIMENSIONS (L X W X H)</b>	101 x 118 x 137 cm / 39.8" x 46.6" x 54"

### USER AMENITIES

<b>PERSONAL STORAGE</b>	Bottle holder and storage area
<b>PLACARD COLOR CODING</b>	Yellow (upper body)
<b>FRONT PLACARDS</b>	Muscle call outs, start and finish exercise illustrations

### WEIGHT STACK

<b>OPTIONAL INCREMENTAL WEIGHT</b>	2.3 kg / 5 lbs.
<b>WEIGHT PLATE INCREMENTS</b>	4.5 kg / 10 lbs.
<b>TOTAL STACK WEIGHT</b>	72 kg / 160 lbs.
<b>CONSISTENT STACK HEIGHT</b>	Yes, 137 cm / 54"
<b>WEIGHT STACK GUARDING</b>	Full front and rear metal shrouds