

Go Series Seated Leg Curl

GO-S72

Our seated leg curl offers a simplified way for new users to strengthen their lower body. Space-saving design includes an extra-large seat for support, a self-adjusting ankle pad for comfortable starts, and adjustable range of motion so users can build strength in a way right for their body.

- Low stack height allows users and staff to easily see through a facility.
- Neutral hand hold positions increase user comfort and make thigh pad adjustment simple.
- Large oversized seat provides comfort and confidence during use.
- Compact footprint, combined with a stack-to-stack design, allows for more products in a smaller space.
- Large color-coded placard helps users identify muscles targeted (upper, core, lower body), as well as start/finish positions and adjustments (if applicable).
- Optional Incremental Weight (GO-IW) available for small 2.3-kg / 5-lb. weight increments.
- Self-aligning ankle pad improves comfort without requiring user adjustment.
- Range of motion adjustment allows users to find a comfortable start position for their bodies.



ADJUSTMENTS	
COLOR-CODED PIVOTS & POINTS OF ADJUSTMENT	Yes
USER ADJUSTMENT RANGE	5-position ankle pad, 9-position thigh pad

FRAME & CABLES	
CABLE TRANSMISSION	Internally lubricated cables and fittings
FRAME FINISH	Proprietary two-coat powder process
AVAILABLE FRAME COLOR	Iced Silver, Matte Black, Graphite Grey, Gloss Black, Polarized Titanium, Lace White
MACHINE ANCHORING LOCATIONS	Yes

TECH SPECS	
PRODUCT WEIGHT	198 kg / 436.5 lbs
OVERALL DIMENSIONS (L X W X H)	128 x 109 x 137 cm / 50.5" x 43" x 54"
MAX "IN-USE" DIMENSIONS (L X W X H)	128 x 128 x 137 cm / 50.4" x 50.4" x 54"
MAX USER WEIGHT	159 kg / 350 lbs.

USER AMENITIES	
PERSONAL STORAGE	Bottle holder and storage area
FRONT PLACARDS	Muscle call outs, start and finish exercise illustrations, adjustment points
PLACARD COLOR CODING	Blue (lower body)

WEIGHT STACK	
TOTAL STACK WEIGHT	54 kg / 120 lbs.
WEIGHT PLATE INCREMENTS	4.5 kg / 10 lbs.
OPTIONAL INCREMENTAL WEIGHT	2.3 kg / 5 lbs.
CONSISTENT STACK HEIGHT	Yes, 137 cm / 54"
WEIGHT STACK GUARDING	Full front and rear metal shrouds