

Magnum Ab Crunch Bench

MG-PL50

The refined design of our Magnum Ab Crunch Bench features dual-action pivot motions to recreate a natural, biomechanically sound abdominal crunch. A low step-through height offers easy entry and exit, angled handles enhance comfort and reduce shoulder strain, and a center tube supports heavier individuals. The weight horn even makes room for 12-kg / 25-lb. plates to accommodate the most demanding users.

- Dual supported pivot for added strength and performance
- Lower step-through height for easy entry and exit
- Dual-action pivot for natural biomechanics
- Angled handles enhance shoulder comfort and feel
- Center tube supports heavier individuals
- Weight horn accommodates 12-kg / 25-lb. plates for advanced users



FRAME

FRAME FINISH Proprietary two-coat powder process

TECH SPECS

STARTING RESISTANCE	11.3 kg / 25 lbs.
MAX. TRAINING WEIGHT	34 kg / 75 lbs
MAX. USER WEIGHT	159 kg / 350 lbs
OVERALL DIMENSIONS (L X W X H)	162.6 x 88.9 x 100.3 cm / 64" x 35" x 39.5"
PRODUCT WEIGHT	60 kg / 132.5 lbs
SHIPPING WEIGHT	73 kg / 161 lbs