



Magnum MEGA Half Rack

MG-MR690

Designed for training efficiency, the Magnum MEGA Half Rack provides an optimized solution to meet the demands of today's strength coaches, athletes and trainers. An open-front design gives users freedom of movement and flexibility. A height indicator and a colored locking pin make bar-level changes quick and easy, and J-hooks made of high-density polyethylene (HDPE) protect the bar knurling from scratches. Plus, the seven-gauge steel uprights and heavy-duty frames mean the Magnum MEGA Half Rack can handle your toughest users and the most rigorous workouts. Includes adjustable safety bars, dual straight chin bars, bar storage, band storage and weight storage. Includes three retractable lower band pegs on each side (six total).

- J-hooks made of high-density polyethylene (HDPE) to protect bar knurling from scratches
- Visual height indicator and colored locking pin make bar-level changes quick and easy
- 1 upper band peg, and 3 retractable lower band pegs, per side
- Includes j-hooks, adjustable safety bars, dual-grip chin bar, bar storage, band storage, weight storage, and upper/lower band pegs
- Open-front design gives users freedom of movement

FRAME	
INTEGRATED FRAME COMPONENTS	2 additional chain-storage horns
INTEGRATED FRAME COMPONENTS	1 set of band hooks standard
INTEGRATED FRAME COMPONENTS	2 sets of chin bars: 1 set of 3.2 cm / 1.25", 1 set of 5.1 cm / 2" Fat Bar (both have neutral and pronated positions)
FRAME CONSTRUCTION	10.2 x 10.2 cm / 4" x 4" uprights are made of 7-gauge, laser-cut steel tubing
FRAME CONSTRUCTION	Main frame is made of 10.2 x 7.6 cm / 4" x 3" steel tubing

STORAGE	
BAR	1 bar-storage tube
WEIGHT	10 weight-storage horns capable of holding both Bumper and Olympic plates

TECH SPECS	
MAX USER WEIGHT	181.5 kg / 400 lbs.
MAX TRAINING WEIGHT	408.5 kg / 900 lbs.
9' PRODUCT WEIGHT	282.1 kg / 622 lbs.
8' OVERALL DIMENSIONS	170.5 x 207 x 246.5 cm / 67" x 81.5" x 97"
8' PRODUCT WEIGHT	259 kg / 570 lbs.
9' OVERALL DIMENSIONS	171 x 207 x 277 cm / 67.5" x 81.5" 109"