

Magnum Olympic Flat Bench

MG-A78

The Magnum Olympic Flat Bench is designed to support a wide variety of strength training exercises. Pivoting knee rests comfortably accommodate users of all sizes, and a wide back pad stabilizes users during heavy lifts. A total of 10 weight-storage horns make room for 20.4-kg / 45-lb. plates stored at waist height. Molded urethane guards protect Olympic bars from damage, reduce noise and provide a hand rest for spotters. The frame features a proprietary two-coat powder finish for long-lasting durability.



- Wide back pad stabilizes users during heavy lifts
- 10 weight-storage horns (20.4-kg / 45-lb. plates store at waist height)
- Designed to meet EN957 & ASTM safety standards
- Available without weight-storage horns (MG-A78N)
- Can be ordered with optional spotter platform (MG-AOSP)
- Molded urethane guards protect Olympic bars from damage, reduce noise and provide a hand rest for spotters

FRAME

FRAME FINISH Proprietary two-coat powder process

TECH SPECS

SHIPPING WEIGHT 73 kg / 160 lbs.

OVERALL DIMENSIONS (L X W X H) 163 x 168 x 130 cm / 64" x 66" x 51"