MATRIX



Magnum PRO Half Rack

MG-PRO690

Designed for training efficiency, the Magnum Pro Half Rack provides an optimized solution to meet the demands of today's strength coaches, athletes and trainers. An open front design gives users freedom of movement, while optimizing space within a facility. Customizable with multiple rack options to meet the training needs of any facility. Featuring J-hooks made of high-density polyethylene (HDPE) protect the bar knurling from scratches. Includes adjustable safety arms, j-hooks, straight chin bar, and 4-post chromed bumper plate storage. Also available: MG-PRO690-7 7' Half Rack.

- Includes adjustable safety arms, j-hooks, straight chin bar, and 4-post chromed bumper plate storage
- Open-front design gives users freedom of movement
- J-hooks made of high density polyethylene (HDPE) to protect bar knurling from scratches
- Also available: MG-PRO690-7 7' Half Rack
- Combine with an MG-PRO690C rack to create a combo rack that can use storage shelves and have standard weight horns on the outside

FRAME

FRAME CONSTRUCTION

7.6 x 7.6 cm / 3" x 3", 11-gauge steel uprights

STORAGE

WEIGHT STORAGE

8 chromed weight-storage horns capable of holding both bumper and Olympic plates

| TECH SPECS | |
|-----------------------------------|--|
| 8' PRODUCT WEIGHT | 111 kg / 244.5 lbs |
| 7' PRODUCT WEIGHT | 106.9 kg / 235.5 lbs |
| 8' OVERALL DIMENSIONS (L X W X H) | 141 x 183 x 243 cm / 55.5" x 72" x 95.5" |
| 7' OVERALL DIMENSIONS (L X W X H) | 141 x 183 x 212.5 cm / 55.5" x 72" x 83.5" |
| MAX USER WEIGHT | 136 kg / 300 lbs. |
| MAX TRAINING WEIGHT | 317.5 kg / 700 lbs. |