

## Magnum Shoulder Press

MG-PL23

Featuring an independent converging movement that encourages a natural path of motion, the Magnum Shoulder Press maximizes strength in the shoulders and arms. A slightly reclined position reduces lower back strain, dual grip pressing positions offer greater training variety, and the ratcheting seat easily adjusts to fit different body types. Four storage horns provide ample room for plates.

- Independent converging movement provides a natural path of motion
- Slightly reclined position reduces lower back strain
- Dual-grip pressing positions offer greater training variety
- Ratcheting seat for easy adjustment
- 4 integrated weight-storage horns



### FRAME

FRAME FINISH Proprietary two-coat powder process

### TECH SPECS

SHIPPING WEIGHT	139 kg / 306.5 lbs
STARTING RESISTANCE	5.4 kg / 12 lbs
MAX. TRAINING WEIGHT	204 kg / 450 lbs
MAX. USER WEIGHT	159 kg / 350 lbs
OVERALL DIMENSIONS (L X W X H)	161.3 x 160 x 118.1 cm / 63.5" x 63" x 46.5"
PRODUCT WEIGHT	118 kg / 260 lbs