



Ultra Pec Fly / Rear Delt

G7-S22-AS2007

Offer a powerful, comfortable way to strengthen major upper-body muscle groups with the Ultra Pec Fly / Rear Delt. Rotating grips provide smooth movement during use, while an angled back pad and delt grips optimize user biomechanics. Oversized handles reduce the need to adjust the seat position between pec fly and rear deltoid exercises. It even includes a heavy weight stack to accommodate strength training enthusiasts looking to go farther with their strength training workouts.

Also available in [Ultra Base option G7-S22B](#).



- Heavy weight stack accommodates advanced users
- The optional Intelligent Training Console features Endurance, Build and Strength programs to give members a guided training experience specific to their goals
- Rotating grips provide comfort and smooth movement during use
- Angled back pad and delt grips enhance user comfort and improve biomechanics
- Oversized handles reduce the need to adjust the seat position between rear deltoid and fly exercises

INTELLIGENT TRAINING CONSOLE (OPTIONAL)	
PROGRESSION BASED PROGRAMMING	Yes
STORED USER SETTINGS	Yes, seat settings and Bluetooth HR
DEMO VIDEO	Yes
DUAL USER SIGN-IN	Yes
WORKOUTS	Manual, Endurance, Build, Strength, E-Lifts, Engage 360
ENGAGE 360 COMPATIBLE	Yes
EGYM COMPATIBLE	Yes
COMMUNITY 360 COMPATIBLE	Yes
WEB CONNECTIVITY	Yes
WI-FI	Yes
DISPLAY FEEDBACK	Sets, Reps, Rest Time, Total Weight Lifted
ETHERNET PORT	Yes
BLUETOOTH	Heart rate only
USER-DEFINED MULTI-LANGUAGE DISPLAY	English, German, French, Italian, Spanish, Dutch, Portuguese, Chinese, Japanese, Korean, Swedish, Finnish, Russian, Arabic, Turkish, Polish, Welsh, Basque, Vietnamese, Somali, Danish
LIFT TO START	Yes
FITTOUCH TECHNOLOGY	Yes
DISPLAY TYPE	40.6 cm / 16" class capacitive touchscreen LCD
ASSET MANAGEMENT COMPATIBLE	Yes
FACILITY COMMUNICATION PORTAL/CALENDAR	No
CSAFE READY-FITLINXX CERTIFIED	No
USB PORT	No, service only
ASSEMBLED HEIGHT	147.3 cm / 58" as assembled on Ultra weight stack

POWER REQUIREMENTS	100v–240v / 50–60 Hz AC
SHIPPING WEIGHT	9.4 kg / 21 lbs.
ADJUSTMENTS	
USER ADJUSTMENT RANGE	7 position seat, 8 user arm start positions (4 for Pec Fly and 4 for Rear Delt)
MACHINE ASSISTED USER ADJUSTMENTS	Spring assisted seat
COLOR CODED PIVOTS & POINTS OF ADJUSTMENT	Yes

FRAME & CABLES	
INTEGRATED LEVELING SYSTEM	Yes, top-down leveler
CABLE TRANSMISSION	Internally lubricated cables & fittings
FRAME FINISH	Proprietary two-coat powder process
MACHINE ANCHORING	Independent machine hold down brackets
AVAILABLE FRAME COLORS	Iced Silver, Matte Black, Gloss Black, Lace White, Polarized Titanium

TECH SPECS	
REP COUNTER BATTERY LIFE	Approximately 3 years
REP COUNTER POWER SUPPLY	2 AA batteries
REP COUNTER MACHINE USAGE TRACKING	Service mode tracks total machine reps and hours of use
PRODUCT WEIGHT	329 kg / 726 lbs
OVERALL "IN-USE" DIMENSIONS (L X W X H)	143.5 x 193.5 x 197 cm / 56.4" x 76.1" x 77.6"
OVERALL "STATIC" DIMENSIONS (L X W X H)	143.5 x 173.5 x 197 cm / 56.4" x 54.1" x 77.6"

USER AMENITIES	
REP COUNTER	Electronic counter displays reps, exercise time and rest time
REAR PLACARDS	Color-coded machine identification, exercise specific stretching
PERSONAL STORAGE	Two tactile storage mats, personal device cradle and towel hook
ACTION SPECIFIC GRIPS	Exercise specific grips improving feel, function and form during use
FRONT PLACARDS	Muscle call outs, exercise specific stretching, start & finish exercise illustrations, proper machine adjustments, color-coded machine identification
PLACARD COLOR CODING	Yellow (upper body)

WEIGHT STACK	
CONSISTENT 53" STACK HEIGHT	Yes
MAX TRAINING WEIGHT	138.4 kg / 307.5 lbs
WEIGHT STACK GUARDING	Full front and rear shields
WEIGHT PLATE INCREMENTS	4.5 kg / 10 lbs
INCREMENTAL WEIGHT SYSTEM	1.1, 2.3, 3.4 kg / 2.5, 5, 7.5 lbs
TOTAL STACK WEIGHT	135 kg / 300 lbs