

Ultra Prone Leg Curl

G7-S73-AS2007

Count on the comfortable, intuitive design of our powerful Ultra Prone Leg Curl to strengthen calf and hamstring muscles. Contoured elbow pads enhance stabilization and comfort, while a divergent pad angle eliminates lower-back stress. Thumb-switch controls make adjustments effortless, and integrated sweat guards keep the frame looking like.

Also available in [Ultra Base option G7-S73B](#).



- The optional Intelligent Training Console features Endurance, Build and Strength programs to give members a guided training experience specific to their goals
- Contoured elbow pads enhance stabilization and comfort
- Divergent pad angle eliminates lower-back stress
- Thumb-switch controls allow easy adjustments
- Integrated sweat guard protects frame from damage

INTELLIGENT TRAINING CONSOLE (OPTIONAL)	
PROGRESSION BASED PROGRAMMING	Yes
STORED USER SETTINGS	Yes, seat settings and Bluetooth HR
DEMO VIDEO	Yes
DUAL USER SIGN-IN	Yes
WORKOUTS	Manual, Endurance, Build, Strength, E-Lifts, Engage 360
ENGAGE 360 COMPATIBLE	Yes
EGYM COMPATIBLE	Yes
COMMUNITY 360 COMPATIBLE	Yes
WEB CONNECTIVITY	Yes
WI-FI	Yes
DISPLAY FEEDBACK	Sets, Reps, Rest Time, Total Weight Lifted
ETHERNET PORT	Yes
BLUETOOTH	Heart rate only
USER-DEFINED MULTI-LANGUAGE DISPLAY	English, German, French, Italian, Spanish, Dutch, Portuguese, Chinese, Japanese, Korean, Swedish, Finnish, Russian, Arabic, Turkish, Polish, Welsh, Basque, Vietnamese, Somali, Danish
LIFT TO START	Yes
FITTOUCH TECHNOLOGY	Yes
DISPLAY TYPE	40.6 cm / 16" class capacitive touchscreen LCD
ASSET MANAGEMENT COMPATIBLE	Yes
FACILITY COMMUNICATION PORTAL/CALENDAR	No
CSAFE READY-FITLINXX CERTIFIED	No
USB PORT	No, service only
ASSEMBLED HEIGHT	147.3 cm / 58" as assembled on Ultra weight stack

POWER REQUIREMENTS	100v-240v / 50-60 Hz AC
SHIPPING WEIGHT	9.4 kg / 21 lbs.
ADJUSTMENTS	
USER ADJUSTMENT RANGE	4 position ankle pad, 5 start positions
COLOR CODED PIVOTS & POINTS OF ADJUSTMENT	Yes

FRAME & CABLES	
MACHINE ANCHORING	Independent machine hold down brackets
FRAME FINISH	Proprietary two-coat powder process
CABLE TRANSMISSION	Internally lubricated cables & fittings
AVAILABLE FRAME COLORS	Iced Silver, Matte Black, Gloss Black, Lace White, Polarized Titanium
INTEGRATED LEVELING SYSTEM	Yes, top-down leveler

TECH SPECS	
REP COUNTER MACHINE USAGE TRACKING	Service mode tracks total machine reps and hours of use
PRODUCT WEIGHT	280 kg / 618 lbs
OVERALL "IN-USE" DIMENSIONS (L X W X H)	173 x 112 x 135 cm / 68" x 44" x 53"
OVERALL "STATIC" DIMENSIONS (L X W X H)	173 x 112 x 135 cm / 68" x 44" x 53"
REP COUNTER BATTERY LIFE	Approximately 3 years
REP COUNTER POWER SUPPLY	2 AA batteries

USER AMENITIES	
CONTOURED SEAT	Yes
PERSONAL STORAGE	Two tactile storage mats, personal device cradle and towel hook
REP COUNTER	Electronic counter displays reps, exercise time and rest time
PLACARD COLOR CODING	Blue (lower body)
REAR PLACARDS	Color-coded machine identification, exercise specific stretching
FRONT PLACARDS	Muscle call outs, exercise specific stretching, start & finish exercise illustrations, proper machine adjustments, color-coded machine identification

WEIGHT STACK	
MAX TRAINING WEIGHT	93.4 kg / 207.5 lbs
CONSISTENT 53" STACK HEIGHT	Yes
WEIGHT STACK GUARDING	Full front and rear shields
INCREMENTAL WEIGHT SYSTEM	1.1, 2.3, 3.4 kg / 2.5, 5, 7.5 lbs
WEIGHT PLATE INCREMENTS	4.5 kg / 10 lbs
TOTAL STACK WEIGHT	90 kg / 200 lbs.