

Versa Bicep Curl

VS-S40

Choose our Versa Biceps Curl to help build upper-arm muscle efficiently and effectively. An angled pad provides stability and limits unwanted shoulder movement during exercise, while an optimized pivot point encourages a biomechanically correct range of motion.

- Arm pad is angled for stability, and limits unwanted shoulder movement during exercise
- Optimized pivot location creates biomechanically correct range of motion
- Incremental weight



ADJUSTMENTS	
USER ADJUSTMENT RANGE	Adjustable Seat
COLOR CODED PIVOTS & POINTS OF ADJUSTMENT	Yes

FRAME & CABLES	
FRAME FINISH	Proprietary two-coat powder process
FRAME COLOR	Iced Silver
CABLE TRANSMISSION	Internally lubricated cables & fittings
MACHINE ANCHORING	Machine anchoring locations

TECH SPECS	
PRODUCT WEIGHT (HEAVY STACK)	239 kg / 525 lbs.
OVERALL DIMENSIONS (L X W X H)	121.8 x 127.0 x 167.1 cm / 48.0" x 50.0" x 65.8"
REP COUNTER MACHINE USAGE TRACKING	Service mode tracks total machine reps and hours of use
REP COUNTER BATTERY LIFE	Approximately 3 years
REP COUNTER POWER SUPPLY	2 AA batteries
PRODUCT WEIGHT (STANDARD STACK)	216 kg / 475 lbs.

USER AMENITIES	
FRONT PLACARDS	Muscle call outs, machine specific stretching, start & finish exercise illustrations, proper machine movements
CONTOURED SEAT	Yes
REAR PLACARDS	Color-coded machine identification & machine specific stretching
PLACARD COLOR CODING	Yellow (upper body)
PERSONAL STORAGE	Bottle holder, storage area and towel holder (Towel Holder on Rep Counter Only)
FOOT SUPPORT KIT	Foot Support Kit accomodates shorter individuals (Optional)
REP COUNTER	Electronic counter displays reps, exercise time and rest time & provides towel holder hook

WEIGHT STACK	
WEIGHT PLATE INCREMENTS	Heavy: 15 lbs (6.8 kg) & 10 lbs (4.5 kg), Standard: 10 lbs (4.5 kg)
INCREMENTAL WEIGHT SYSTEM	5 lbs (2.3 kg)
WEIGHT STACK GUARDING	Full front and rear shields
CONSISTENT STACK HEIGHT	Yes
TOTAL STACK WEIGHT	Heavy: 200 lbs (90 kg), Standard: 150 lbs (68 kg)