

## Versa Bicep / Tricep

VS-S401

Help your users tone and refine the muscles of their arms with the smart design of our Versa Biceps / Triceps dual station. Clearly indicated adjustments make use intuitive for virtually anyone, while the foot platform offers excellent stability. Count on the stainless-steel cable guides to provide lasting durability, even in the busiest environments.

- Foot platform provides stability
- Stainless-steel cable guides provide added protection for lasting durability
- Clearly indicated adjustments for ease of use



FRAME & CABLES	
FRAME FINISH	Proprietary two-coat powder process
CABLE TRANSMISSION	Internally lubricated cables & fittings
FRAME COLOR	Iced Silver
MACHINE ANCHORING	Machine anchoring locations

TECH SPECS	
PRODUCT WEIGHT (STANDARD STACK)	214 kg / 472 lbs.
PRODUCT WEIGHT (HEAVY STACK)	237 kg / 522 lbs.
OVERALL DIMENSIONS (L X W X H)	166.6 x 115.2 x 226.2 cm / 65.6" x 45.3" x 89.1"

USER AMENITIES	
REAR PLACARDS	Color-coded machine identification & machine specific stretching
FRONT PLACARDS	Muscle call outs, machine specific stretching, start & finish exercise illustrations, proper machine movements
PLACARD COLOR CODING	Yellow (upper body)
PERSONAL STORAGE	Bottle holder, storage area and towel holder (towel holder on rep counter only)
REP COUNTER	Electronic counter displays reps, exercise time and rest time & provides towel holder hook

WEIGHT STACK	
CONSISTENT STACK HEIGHT	Yes
WEIGHT STACK GUARDING	Full front and rear shields
STANDARD STACK	68 kg / 150 lbs.
INCREMENTAL WEIGHT SYSTEM	5 lbs (2.3 kg)
HEAVY STACK	90 kg / 200 lbs.