

## Versa Seated Leg Curl

VS-S72

Make toning and building major leg muscles more comfortable and efficient with our Versa Seated Leg Curl. It offers a full range of motion for leg extensions and hamstring curls, plus an angled seat and optimized pivot point to encourage full hamstring contraction. The comfort-enhancing thigh pad, back pad and tibia pad are all easily adjustable from a seated position.

- Angled seat and unique pivot location for full hamstring contraction
- Tibia pad and range of motion adjustments are easily accessible from a seated position
- Back pad ratchets forward for easy adjustment from the seated position
- Adjustable thigh pad provides stabilization during exercise
- Incremental weight



ADJUSTMENTS	
COLOR CODED PIVOTS & POINTS OF ADJUSTMENT	Yes
RANGE OF MOTION ADJUSTMENTS	Range of Motion, Knee Pad & Ankle Pad Adjustments

FRAME & CABLES	
FRAME COLOR	Iced Silver
FRAME FINISH	Proprietary two-coat powder process
MACHINE ANCHORING	Machine anchoring locations
CABLE TRANSMISSION	Internally lubricated cables & fittings

TECH SPECS	
OVERALL DIMENSIONS (L X W X H)	176.9 x 113.3 x 167.1 cm / 69.7" x 44.6" x 65.8"
PRODUCT WEIGHT (HEAVY STACK)	275 kg / 606 lbs.
REP COUNTER MACHINE USAGE TRACKING	Service mode tracks total machine reps and hours of use
PRODUCT WEIGHT	253 kg / 556 lbs.
REP COUNTER BATTERY LIFE	Approximately 3 years
REP COUNTER POWER SUPPLY	2 AA batteries

USER AMENITIES	
RATCHETING BACK PAD	Yes
PERSONAL STORAGE	Bottle holder, storage area and towel holder (Towel Holder on Rep Counter Only)
REP COUNTER	Electronic counter displays reps, exercise time and rest time & provides towel holder hook
REAR PLACARDS	Color-coded machine identification & machine specific stretching
FRONT PLACARDS	Muscle call outs, machine specific stretching, start & finish exercise illustrations, proper machine movements
PLACARD COLOR CODING	Blue (lower body)

WEIGHT STACK	
CONSISTENT STACK HEIGHT	Yes
WEIGHT STACK GUARDING	Full front and rear shields
INCREMENTAL WEIGHT SYSTEM	5 lbs (2.3 kg)
WEIGHT PLATE INCREMENTS	Heavy: 15 lbs (6.8 kg) & 10 lbs (4.5 kg), Standard: 10 lbs (4.5 kg)
TOTAL STACK WEIGHT	Heavy: 200 lbs (90 kg), Standard: 150 lbs (68 kg)